**B. V. V. Sangha’s**

**S. NJALINGAPPA MEDICAL COLLEGE & HANAGAL SHRI KUMARESHWARA HOSPITAL & RESEARCH CENTER, NAVANAGAR,**

**BAGALKOTE – 587103**

**National Service Scheme Unit,**

**NSS Annual Activities Report**

**April 2024 to March 2025**

**NSS regular activities &**

**NSS Special Camps**

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| **Si. No.** | **NSS Activities** | **Date** |
| 1 | Candle march – To raise awareness about safe environment for all healthcare professionals. | 13-08-2024 |
| 2 | Awareness about ragging - Anti-ragging rally | 19-08-2024 |
| 3 | Awareness on Breastfeeding and Healthy Baby Competition | August 2024 |
| 4 | National Nutrition week | 4-09- 2024 |
| 5 | Awareness on Family Planning | 28-10-2024 |
| 6 | Awareness on Anti-microbial resistance | 29-11-2024 |
| 7 | Awareness on Occupational Hazards | 16-01-2025 |
| 8 | World Human Day | 31-01-2025 |
| 9 | Awareness on Breast and cervical cancers | 13-2-2025 |
| 10 | Awareness on Dog bite - Rabies | 21-2-2025 |
| 11 | Health Camp at Muchakhandi village | 15-02-2025 |
| 12 | Health Camp at Niralkeri village | 01-03-2025 |
| 13 | Health Camp at Shirur village | 06-03-2025 |
| 14 | Health Camp at Urban area (Old Bagalkote). | 12-03-2025 |
| 15 | World Tuberculosis day – IEC activities and Rangoli Competition | 19-03-2025 |

**1. Candle march on 13-8-24 – To raise awareness about safe environment for all healthcare professionals.**

* A candle march organized to raise awareness about safe environment for all healthcare professionals.
* This event was held to show our solidarity and support the family of postgraduate student of R.G.Kar Medical college, Kolkata who was brutally murdered.
* The candle march commenced at 6.30pm from OPD BLOCK of S N Medical college and HSK Hospital, Navanagar Bagalkot. Then march proceeded to APMC gate, then to the bus stand, LIC Circle, SP Office, DC Office, and finally to S N Medical College at 8.30pm.
* The participants of the candle march included staff from various departments of S.N. Medical College, all phases of II and phase III MBBS students, Interns and Postgraduate students of all departments.”

**2. Anti-Ragging Awareness Rally & Human Chain was done on 19th August 2024**

* To promote a safe, inclusive, and respectful environment on campus, our institution along with NSS unit and students association organized an **Anti-Ragging Rally and Human Chain** on **19th August 2024** as part of our commitment to stand united against ragging in any form.
* **Rally to Spread Awareness** about the consequences of ragging and the importance of creating a supportive campus environment.
* **Human Chain**: A powerful human chain was formed by students and staff, symbolizing unity and solidarity against ragging.
* **Oath Taking Ceremony**: Participants solemnly took an **Anti-Ragging Oath**, pledging to never engage in or support ragging in any form and to uphold values of respect, empathy, and inclusion.

**3. Awareness on Breastfeeding and Healthy Baby Competition was done at Urban Health Training Centre, Bagalkote on 02-08-2024 and at Rural Health Training Centre, Shirur, Bagalkote on 03-08-2024**

* As part of **World Breastfeeding Week**, an **Awareness Program on Breastfeeding** followed by a **Healthy Baby Competition** was organized on **02nd and 3rd August 2024** at the **Urban Health Training Centre (UHTC), Bagalkote** and **RHTC Shirur** respectively.
* The event aimed to educate mothers and caregivers about the importance of exclusive breastfeeding, proper infant nutrition, and early childhood care.
* **Prizes and Certificates** were distributed to the winners, and all participants were appreciated for their involvement.

**4. National Nutrition Week – IEC at Neelanagar village and UHTC on 04-09-2024**

* As part of the **National Nutrition Week 2024**, **Information, Education, and Communication (IEC) activities** were organized on **04th September 2024** at **Neelanagar village** and the **Urban Health Training Centre (UHTC), Bagalkote**.
* **Health Talks** on the significance of a balanced diet, micronutrients, and nutrition during pregnancy and childhood were given.

**5. Awareness on Family Planning at Shirur Village on 28-10-2024**

* An awareness program on **Family Planning** was conducted in Shirur Village on **28th October 2024**.
* The objective of the event was to educate the community about the importance of family planning, available methods, and the health and socio-economic benefits of planned parenthood.

**6. Awareness on Anti-microbial resistance – Poster Competition on 29-11-2024**

* A **Poster Competition** focusing on **Anti-Microbial Resistance (AMR)** was conducted on **29th November 2024** by Department of microbiology in association with NSS unit to raise awareness among students and the community about the growing threat of AMR and the importance of responsible antibiotic use.

**7. Awareness on Occupational Hazards at ITI College, Bagalkot on 16-01-2025**

* An **Awareness Program on Occupational Hazards** was conducted at **ITI College, Bagalkot** on **16th January 2025**, aimed at educating students and staff about workplace-related risks and preventive measures to ensure a safe working environment.

**8. World Human Day at SNMC on 31-01-2025**

On **31st January 2025**, **World Human Day** was celebrated at **SNMC** with great enthusiasm and a special focus on the legendary Kannada poet Rashtrakavi Kuvempu and visionary behind the concept of *Vishwamanava,* The Universal Human.

* The event was jointly organized by **Kannada Balaga**, **Department of Biochemistry**, and the **NSS unit of SNMC**, aiming to promote the ideals of humanity, equality, and cultural pride among students and faculty.
* A special speech on the life and contributions of **Mahan Kavi Shri Kuvempu** was delivered by our esteemed Governing Council Chairman, Shri Ashok Sajjan Sir.
* A **beautiful sketch of Kuvempu**, **hand-drawn by one of our talented student Ananya Moitra of 3rd MBBS**, was **photo-framed and proudly displayed** during the event.
* The artwork received special appreciation and stood out as a visual tribute to **Shri Kuvempu's** legacy.

**9. Awareness on Breast and cervical cancers on 13-02-2025 at Degree College, Bagalkote**

* An **Awareness Program on Breast and Cervical Cancers** was organized at **Degree College, Bagalkote** on **13th February 2025** to educate students and staff about the significance of **early detection**, **self-examination**, and the **role of vaccination** in cancer prevention.

**10. Awareness on Rabies at School in Shirur village and UHTC area on 21-02-2025**

* An **Awareness Program on Rabies** was conducted on **21st February 2025** at a local school in **Shirur Village** and in the surrounding **Urban Health Training Centre (UHTC) area**.
* The program was organized in response to the **rising number of dog bite cases** reported across **Karnataka and Kerala**, with a focus on prevention and timely response to such incidents.
* Emphasised on **post-bite first aid**, importance of **timely vaccination**, and **avoiding contact with stray animals.**

**11. Health Camp at Muchakhandi village on 15-02-2025**

**12. Health Checkup Camp at Niralkeri village on 01-03-2025**

**13. Health Checkup Camp at Shirur village 06-03-2025**

**14. Health Checkup Camp at Urban area (Old Bagalkote) on 12-03-2025**

* A series of **Health Checkup Camps** were organized at various locations with the goal of delivering **preventive, promotive, and curative health services** to the community.
* These camps aimed to bridge the gap in healthcare access, promote early detection of diseases, and provide timely interventions.
* Specialists from S. N. Medical College and HSK Hospital participated in the health camp, providing their services and benefiting over 500 individuals.

**15. World Tuberculosis Day – IEC Activities with Rangoli competition on 19-03-2025 at Urban Health Training Centre, Bagalkote**

**On the Occasion of World Tuberculosis Day 2025, Rangoli Competition was conducted on 19th March 2025** for undergraduate students, interns and PGs with TB awareness themes, encouraging creative expression of health messages.